

# WEEK ONE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	FISH FINGERS	SPAGHETTI BOLOGNESE	ROAST CHICKEN, STUFFING & GRAVY	CHICAGO TOWN PIZZA	HOT DOG (WELSH PORK SAUSAGE)
CHOICE	BBQ PULLED PORK BAP	CHICKEN OR TUNA DELI WRAP	HOMEMADE SOUP WITH A FILLED ROLL	TOMATO PASTA BAKE	SALMON GOUJONS
CARBOHYDRATE	HERBY DICED POTATOES	SAVOURY RICE	ROAST & CREAMED POTATOES	JACKET WEDGES	CHIPPED POTATOES
VEGETABLES	COLESLAW GARDEN PEAS	SWEETCORN	FRESH SEASONAL VEGETABLES	GARDEN PEAS	VEGETABLE STICKS
SALAD TROLLEY	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR	SALAD BAR
SWEET	FRUIT ICE CREAM	RASPBERRY & APPLE FLAPJACK CRUMBLE	CHOCOLATE MOUSSE SLICE	FRUIT SPONGE & CUSTARD	KRISPIE CAKE